

Chris Lena MD, James Alvarez PAC
Arthroscopic and Reconstructive Surgery of the Shoulder and Knee Sports Medicine
MEA's Karen Smith, Jackie Zuidema, Annmarie Fiore
Tel: (860) 549-8249 - FAX: (860) 244-8813

www.oahct.com

Orthopedics Associates Surgery Center

POST OPERATIVE INSTRUCTIONS PAIN PUMP REMOVAL

- 1. You have a special catheter with a small plastic tubing that delivers medication to your surgical site to help with your pain.
- 2. You do not need to do anything with the catheter for 48 hours from your surgery.
- 3. At 48 hours, you will need to carefully remove your dressing and you will find tape holding the catheter to your skin. Remove the tape, then pull out the tubing (it is about 3-6 inches long). Discard the catheter and the pump.
- 4. Place a band-aid over the small hole where the catheter was located. Leave the other stitches alone.