

Colin James Burgess, D.O.
Primary E-mail Address: Burgess.team@oahct.com
Office Phone: 860-549-8249

PROFESSIONAL APPOINTMENTS

Orthopedic Associates of Hartford, Greater Hartford Region
Orthopedic Surgeon / Sports Medicine Specialist
September 2026 - present

Hartford Healthcare at Manchester Memorial Hospital, Manchester, CT 06042
Orthopedic Surgeon - Chief of Orthopedic Surgery Department
August 2023 – August 2026

EDUCATION & TRAINING

Orthopaedic Research of Virginia, Richmond, VA 23226
Fellowship – Sports Medicine
August 2022 – July 2023

Zucker School of Medicine at Hofstra/Northwell Huntington Hospital, Huntington, NY 11743
Residency – Orthopaedic Surgery
July 2017 – June 2022

New York Institute of Technology College of Osteopathic Medicine, Glen Head, NY 11545
Doctor of Osteopathic Medicine
Completed, May 2017

University of Connecticut, Storrs, CT 06269
Bachelor of Science in Molecular and Cell Biology
Completed, May 2011

BOARD CERTIFICATION

- American Board of Orthopaedic Surgery (ABOS) Certified
 - Part I Completed July 2022
 - Part II Completed July 2025

LICENSURE

- Connecticut State Medical License #74223
 - Active
- Virginia State Medical License #0102207010
 - Inactive

HONORS/AWARDS

- Senior Resident of the Year, 2021-2022
- Academic Chief Resident, July 2021 – June 2022
- NYCOMEC Research Competition Second Place, June 2020
- Front-Line Heroes Recognition Award, Northwell Health, May 2020
- Clinical Orthopaedic Society's Resident Rapid-Fire Award, September 2019
- OREF NY Resident Research Symposium Finalist, September 2019
- Junior Resident of the Year, 2018-2019

SCHOLARSHIP

Publications

- Lee J, Griep D, **Burgess C**, Petrone B, Bitterman A, Cohn R. *The AAOS 2019 Clinical Practice Guidelines for the Management of Rotator Cuff Injuries Are Unbiased and Incorporate a Diverse Body of Literature*. Arthroscopy, Sports Medicine and Rehabilitation. 2022 Mar 1;4(2): e559-e565. PMID: 35494298.
- **Burgess C**, Stapleton E, Choy K, Lygrisse K, Cohn R, Bitterman A. *National Football League Wide Receivers and Running Backs Have Decreased Production Following ACL Reconstruction: An Evaluation of Fantasy Football Performance as an Outcome Measure*. Arthroscopy, Sports Medicine and Rehabilitation. 2021 Dec 10;4(2): e315-e324. PMID: 35494296.
- Stapleton E, Galina J, **Burgess C**, Atlas A, Amaral T, Cohn R, DiMauro JP. *Effects of Fellowship Training on Pediatric Anterior Cruciate Ligament Reconstruction*. Journal of Surgical Orthopaedic Advances. Fall 2021;30(3): 161-165. PMID: 34591005.
- **Burgess C**, Stapleton E, Choy K, Iturriaga C, Cohn R. *Decreased Performance and Return to Play Following Anterior Cruciate Ligament Reconstruction in National Football League Wide Receivers*. Arthroscopy, Sports Medicine and Rehabilitation. 2021;3(2): e455-e461. PMID: 34027455.
- White P, **Burgess C**, Stapleton E, Choy K, Cohn R. *Return to Play and Performance of NFL Running Backs After an ACL Reconstruction*. Northwell Health Journal of Orthopaedic Surgery. 2020;3(1):4-5.
- **Burgess C**, De Cicco F. *Meniscectomy*. 2020 Jun 9. In: StatPearls. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PMID: 32644531.
- **Burgess C**, Stapleton E, Choy K, Cohn R. *Return to Sport After Anterior Cruciate Ligament Reconstruction in National Football League Wide Receivers*. Northwell Health Journal of Orthopaedic Surgery. 2020;2(1):10-11.
- Stapleton E, **Burgess C**, Cohn R. *The Impact of the Helmet-Lowering Rule on National Football League Regular Season Injuries*. Northwell Health Journal of Orthopaedic Surgery. 2020;2(1):6-7.
- **Burgess C**, Petrone B, Matai P, Cohn R, Bitterman A. *Cost Analysis of Routine Examination of Pathology Specimens Following Ankle Arthroscopy*. Foot Ankle Orthop. 2020;5(1): 247301141990088. PMID: 35097363.

Book Chapters

- **Burgess C**, Caldwell P. *Posterior Instability with the Reverse Hill-Sachs Lesion: The Arthroscopic McLaughlin (Reverse Remplissage) and Open Humeral Head Elliptical Osteochondral Allograft (Bio Humi)*. Management of Shoulder Instability: A Case-Based Guide. Springer International Publishing AG. July 2026.
- Sayegh M, **Burgess C**, Paulino F, Sgaglione N. *Chapter 19 - Management of the Stiff ACL Reconstruction*. Pp. 289-300. Revision Anterior Cruciate Ligament Reconstruction: A Case-Based Approach. Springer International Publishing AG. June 2022.

Posters/Presentations

- Sir Robert Jones Meeting of the Alumni Association of NYU Langone Orthopedic Hospital, New York, NY, November, 2020
 - **Burgess C**, Lentz J, Matai P, Aberman Z, Weiner S, Cohn R. *The Utility of Additional Imaging in Acute Proximal Humerus Fractures*. (ePresentation)
- Clinical Orthopaedic Society Annual Meeting, Nashville, TN, September 16-19, 2020
 - Stapleton E, Galina J, **Burgess C**, Atlas A, DiMauro JP. *Effects of Fellowship Training on Pediatric Anterior Cruciate Ligament Reconstruction*. (ePresentation)

- Southern Orthopaedic Association (SOA), White Sulphur Springs, WV, July 22nd-25th, 2020
 - **Burgess C**, Lentz J, Matai P, Aberman Z, Weiner S, Cohn R. *The Utility of Additional Imaging in Acute Proximal Humerus Fractures*. (ePresentation)
 - **Burgess C**, Stapleton E, Choy K, Iturriaga C, Cohn R. *Return to Sport After Anterior Cruciate Ligament Reconstruction in National Football League Wide Receivers*. (ePresentation)
 - Stapleton E, **Burgess C**, Partan M, Cohn R. *The Impact of the Helmet-Lowering Rule on National Football League Regular Season Injuries*. (ePresentation)
- American Orthopaedic Society for Sports Medicine Annual Meeting, Seattle, WA, July 9-11, 2020
 - Stapleton E, **Burgess C**, Cohn R. *The Impact of the Helmet-Lowering Rule on NFL Regular Season Injuries*. (ePoster)
- NYCOMEC Research Competition, East Elmhurst, NY, June 5, 2020
 - Aberman Z, **Burgess C**, Weiner S, Cohn R. *The Orthopedic Curbside Consult and Implications on Proximal Humerus Fracture Management*.
- Zucker SOM at Hofstra/Northwell Health Virtual Academic Competition and Research Symposium, June 3, 2020
 - Aberman Z, **Burgess C**, Weiner S, Cohn R. *The Orthopedic Curbside Consult and Implications on Proximal Humerus Fracture Management*.
- American Academy of Orthopedic Surgeons (AAOS) Annual Meeting, Orlando, FL, March 24-28, 2020
 - Stapleton E, **Burgess C**, Cohn R. *The Impact of the Helmet-Lowering Rule on NFL Regular Season Injuries*. E-Poster P0932.
- Clinical Orthopedic Society Annual Meeting, Atlanta, GA, September 19, 2019
 - Resident Rapid-Fire Award Winner
 - **Burgess C**, Lentz J, Matai P, Aberman Z, Weiner S, Cohn R. *The Utility of Additional Imaging in Acute Proximal Humerus Fractures*.
- OREF New York Resident Research Symposium, New York, NY, September 11, 2019
 - **Burgess C**, Stapleton E, Cohn R. *The Impact of the Helmet-Lowering Rule on NFL Regular Season Injuries*.
- Northwell Health Department of Orthopedic Surgery Sports Night, May 30, 2019
 - **Burgess C**, Cohn R. *Tibial Tubercle Osteotomy with Patellar Cartiform Allograft: A Case Presentation*.
- Plainview Hospital Academic Day, June 25, 2019
 - **Burgess C**, Lentz J, Matai P, Aberman Z, Weiner S, Cohn R. *The Utility of Additional Imaging in Acute Proximal Humerus Fractures*.
- NYCOMEC Research Competition, East Elmhurst, NY, June 14, 2019.
 - **Burgess C**, Lentz J, Matai P, Aberman Z, Weiner S, Cohn R. *The Utility of Additional Imaging in Acute Proximal Humerus Fractures*.

Grand Rounds

- **Burgess C**. *Let's Talk About Arthritis*. Manchester Memorial Hospital, Community Presentation, February 22, 2024
- **Burgess C**. *Elbow Injuries in the Throwing Athlete*. Huntington Hospital Hand and Upper Extremity Orthopedic Grand Rounds, December 3, 2019.
- **Burgess C**. *Tranexamic Acid in Orthopedics*. Huntington Hospital Orthopedic Surgery Grand Rounds, April 17, 2019.
- **Burgess C**. *Management of Ankle Fractures in Geriatric Patients*. Huntington Hospital Orthopedic Surgery Grand Rounds, November 14, 2018.
- **Burgess C**. *Articular Cartilage Defects of the Knee*. Long Island Jewish Valley Stream Hospital Orthopedic Surgery Grand Rounds, September 6, 2018.

LEADERSHIP & SERVICE

- Chief of Orthopedic Surgery (2024-Present), Hartford Healthcare at MMH (Formerly ECHN)
- Special Olympics Virginia Physician (2023)
- Academic Chief Resident (2021-2022)
- ACGME Program Evaluation Committee (2017-2022)
- Sideline Orthopedic Physician – Long Island Lizards MLL Team (2020-2022)
- Nassau County High School Football Team Physician (2020-2022)
- Emergency Medical Technician (2011-2013) – Ambulance Service of Manchester, CT

PROFESSIONAL SOCIETY MEMBERSHIPS

- American Academy of Orthopaedic Surgeons (AAOS)
- American Orthopaedic Society for Sports Medicine (AOSSM)
- Arthroscopy Association of North America (AANA)
- American Osteopathic Academy of Orthopedics (AOAO)

CLINICAL INTERESTS

- Sports Medicine
- Shoulder & Knee Arthroscopy
- Rotator Cuff & Labral Pathology
- Shoulder Arthroplasty
- ACL/PCL Reconstruction
- Meniscus Repair
- Cartilage Restoration
- Partial and Total Knee Arthroplasty
- Proximal and Distal Bicep/Tricep Injury
- Fracture Care

PERSONAL INTERESTS

- Golf
- Weightlifting
- Stock Trading
- Travel